

## Welcome to all newcomers and visitors!

Please sign our guest book and take a gift bag from the table in the church entrance.  
Join us in the parish hall for fellowship and some light refreshments after the 10:30 service.

### TODAY

#### FaithTalk, 9:15 a.m., parish hall meeting room

We're accepting Bishop Mariann's challenge to deepen our faith by coming together to study the scripture of the day. Today's preacher will facilitate.

#### Sunday School and Childcare, church lower level

This August, we will be focusing on aspects of the Holy Trinity. This week is about the Holy Spirit! Sunday School invites children age two-and-a-half to fifth grade to learn and grow spiritually with us at 10:30 a.m. Summer childcare is from 10:00 a.m. to noon.

### COMING EVENTS

#### Yoga and Centering Prayer, Wednesday, August 23

Join the Rev. Randy Lord-Wilkinson (Rector of Ascension, Gaithersburg) at 6:00 p.m. in our parish hall for an hour of gentle hatha yoga practice and centering prayer, a form of Christian contemplation. Randy has practiced yoga and various forms of contemplative prayer since 1984, and he has enjoyed sharing these disciplines with others since 1987. Come wearing loose comfortable clothing and with an open mind.

#### Book Club Discussion, Sunday, August 27

The St. James' Book club will meet at 6:45 p.m. in the parish hall meeting room to discuss *The Art of Racing in the Rain*, by Garth Stein. What can Enzo and Denny teach us? All are welcome!

#### St. James' Serving at Shepherd's Table Wednesday, August 30

**Let us be numerous to fulfill our duties**—our new premises, clean and bright, come with a lot more space to cover! We have a young crew, and we **NEED** your help!

**There will be two shifts:** 4:00-6:00 p.m., and 5:45-8:00 p.m. Sign up with Mary Miers or Williams-van Bellinghen.  
Merci beaucoup!

Located at 8106 Georgia Ave., Silver Spring, Maryland. Visit [www.shepherdstable.org](http://www.shepherdstable.org).



#### Lunch & Learn, Tuesday, September 5, undercroft

The next Lunch & Learn will meet at 11:30 a.m. in the undercroft for barbecue lunch and a fire safety presentation by Jim Resnick. Please reserve your \$10.00 lunch with Sarah Padgett, 301-540-6944 or Charles.Padgett1@verizon.net. All are welcome.

#### Rally Day Sunday, September 17, church back lawn Catch the Excitement with a Picnic and Games!

Join us from noon to 2:00 p.m. for a celebration of a new program year at St. James', hosted by the Sunday school and St. James' Children's School. We'll have the "Blessing of the bags," so bring your backpack, briefcase, instrument case, diaper bag, and any other bag to be blessed as we head into the new school year.



#### Safeguarding God's Children Training Saturday, September 23 at St. James'

Training is free and required for all employees, vestry members, and volunteers working with children. It will be held in the undercroft, 9:30 a.m. to 12:30 p.m. [Registration form and information](#) are on [www.edow.org](http://www.edow.org). Refresher training is also available online; contact the office: [office@st.jamespotomac.org](mailto:office@st.jamespotomac.org).

#### Save the Date and Save Your Donations!

#### Rummage Sale September 29-30

Please pick up a flyer in the church entrance. We will receive donations and empty the shed on Sunday, September 24. Students can earn SSL hours.

**Your help is needed** with sorting and pricing Monday-Thursday, September 25-28.

#### Donations needed for SJCS Classrooms

St. James' Children's School would greatly appreciate:

- Dress-up clothes/ dramatic play accessories
- Baby dolls with clothes and blankets
- Small simple musical instruments
- Children's books - any theme ages infant to age five
- Art Easels / Duplo or Lego table / building blocks
- Cars / trucks - especially large ones for sand box!

The school can give a tax receipt if requested.

#### Rev. Meredith will be away August 21-29

For pastoral issues, please contact our Associate Rector, the Rev. James Isaacs. Rev. Meredith will return to the office on Wednesday, August 30.