

Fall Spiritual Formation Program Begins Sunday, September 9

Living Into the Way of Love Practice Two: Learning

St. James' offers Sunday morning spiritual formation, *FaithTalk*, from 9:15 to 10:00 a.m., between services, in the parish hall meeting room. We begin our new program year on Rally Day, September 9, with "FaithTalk 101," followed by "Meet our Seminarian" on September 16.

The Care of Creation

On September 23 we'll begin a six-week course on "The Care of Creation," Using *The Green Bible* as our resource.

Faithful Technology: Cyber security 101

Come to hear basic steps we can all take to keep ourselves mostly safe online, presented by Marshall Finch, MCSE, System Administrator for ADNET Systems Inc. at NASA's Goddard Space Flight Center. There will be time for discussion each week. Here's a preview: patch, passwords, backups!

Advent Series: Breathing Underwater

In Advent we will explore parallels between the spiritual journey and the framework of twelve-step recovery. Our basic text will be *Breathing Underwater* by Richard Rohr, O.S.F. (If you would like to order a copy, contact Ann Venton at ann.venton@yahoo.com.)

Inspired

We will also resume our Thursday morning Bible Study on September 13. This group meets weekly from 10:00 to 11:30 a.m. in our parish hall meeting room. We use Rachel Held Evans's book *Inspired* to spark a conversation about what the Bible is and how it is meant to be read. Contact Rev. Meredith at the office (office@stjamespotomac.org) for information on how to obtain a copy of the book.

We hope you will make time to join us for some of these learning opportunities. In our learning we will grow together, deepening our faith and drawing closer to God.

The Way of Love

Turn	Pray, listen, and choose to follow Jesus.
Learn	Reflect on scripture each day, especially on Jesus' life and teachings.
Pray	Dwell intentionally with God each day.
Worship	Gather in community weekly to thank, praise, and dwell with God.
Bless	Share faith and unselfishly give and serve.
Go	Cross boundaries, listen deeply, and live like Jesus.
Rest	Receive the gift of God's grace, peace, and restoration.

Faith Talk Calendar (Sundays at 9:15 a.m.)

September 9	Faith Talk 101: what it is, what is offered, what you'll learn
September 16	Meet our Seminarian, Mary Margaret Winn
September 23	Care of Creation: And It Was Good
September 30	Care of Creation: Finding God
October 7	Care Of Creation: Connected to Creation
October 14	Care of Creation: Justice
October 21	Care of Creation: The Full Impact of Sin
October 28	Care of Creation: The New Earth
November 4	Faithful Technology
November 11	Faithful Technology
November 18	Faithful Technology
November 25	Thanksgiving weekend, no Faith Talk
December 2	Advent 1: Waltzing with God
December 9	Advent 2: Self Examination and Reconciliation
December 16	Advent 3: Navigating Forgiveness
December 23	Advent 4: The Maintenance Steps: Examen, Exaltation, Evangelism