

A red and white lighthouse tower is visible on the left side of the image, set against a clear blue sky. The tower has a red upper section with a white railing and a white lower section with horizontal siding.

# Mental Health PRAISE Service!

**St. James' Episcopal Church**  
**January 19, 10:30 a.m.**

Join us as we praise God  
for being our companion  
and our source of strength  
through challenges in life.

Presented through the lens  
of mental health and wellness,  
our worship will recognize  
the ways that God can use  
the gifts of mental health  
professionals and supportive  
community while thanking God  
for our many blessings.

***Please join us!***

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