

Ethical & Sustainable Food Choices: “God made the wild animals of the earth of every kind and the cattle of every kind and everything that creeps upon the ground of every kind. And God saw that it was good.” (Genesis 1:25)

In Genesis 1:26 the Bible says humankind is given “dominion” over the earth. Ruling, or having dominion, over subjects does not excuse indifference to their suffering. Here at St. James, we have been using Eucharistic Prayer C for this season of Easter and we change the language of “rulers of creation,” to “stewards of creation,” to emphasize the duty of care that we have in the ways we interact with the natural world - including animal life. Stewarding creation also means making sustainable choices now that will allow future generations to continue to benefit from the rich resources of this planet.

Contemplation

- Listen for bird song and look for your animal neighbors the next time you go on a walk
- Before, during, or after you eat a meal - take a moment to reflect on and give thanks for all of the resources and processes that brought this food to your table
- A Liturgy for Birdwatching and A Liturgy for the Preparation of a Meal, (*In the [Creation Care Prayer Resources document](#)*)

Action

- Learn more about ways to think about sustainable food choices through videos like these two offers from [Climate Adam](#) (a nuanced approach to food and climate) and the [Sustainable Food Trust](#) (informative explanation of regenerative agriculture)
- Check out this map showing local farms promoting regenerative agriculture: [Regenerative Farm Map - Regeneration International](#)
- Spend some time with this “[Common Ground](#)” [resource guide](#) from Interfaith Power and Light’s Faith and Climate Action Week. It explores the connection between faith, food, and climate.
- Take a look at the local catering list (attached) Donna put together and consider taking sustainability and animal welfare into consideration for your next event